



# Headwaters Racquet Club

tennis · squash · fitness

Volume 6, Issue 3.

March 2015



> Member of the Month:

## Janice Carlisi

Janice Carlisi has been a member since April 2010. She loves to participate in all of our Group EX Fitness classes but enjoys Group Power, Group Kick & Spin the most! She loves how friendly the HRC staff are, their professionalism, as well as the welcoming atmosphere HRC has to offer. Since joining, Janice's active lifestyle has given her more boosts of energy in her day. We're so happy to have Janice as a member, **keep up the great work!**

> **COME CELEBRATE** the Edge Wine Bar & Grille's **4th anniversary** on **March 14th!** Tickets are available at the Edge!

HRC Members receive 10% off at the Edge Wine Bar & Grille! Show your server your HRC Scan Tag at the **Edge Wine Bar & Grille** and receive 10% off food items!

\*Some restrictions apply. Not applicable on discounted specials or liquor\*



> **BB**  
betterbodychallenge  
**Update!**

We're 4 weeks into our Better Body Challenge and the participants as a whole have already

**lost 406.50 lbs!**

Our **Biggest Loser** so far has lost a total of **16.1 lbs!**

Keep up it everyone, **you're doing amazing!**



> **Hurry and register for March Madness Camp to reserve your spot!** (Ages 4-6), (Ages 7-9), (Ages 10-12)

**HRC's March Madness day camp** is a great way to spend your March Break. The "Madness" begins on Monday and ends on Friday with daily games, outdoor activities, tennis and squash instruction from our pros and more.

**Snacks and lunches provided daily!**

**Monday March 16th – Friday March 20th**  
Camp Hours: 9:00am – 4:00pm

**\*Registration at Front Desk\***



> **...OPENS ON MARCH 12TH!**

Stay active this Spring in our **Tennis and Squash programming** available for all ages!

Register at **Front Desk** or for more information contact our Tennis Pro Susan at [susan@headwatersracquetclub.com](mailto:susan@headwatersracquetclub.com) or our Squash Pro Leah at [leah@headwatersracquetclub.com](mailto:leah@headwatersracquetclub.com)!

