



Headwaters Racquet Club

tennis · squash · fitness

Volume 6, Issue 5.

May 2015



> Member of the Month:

Clovie Cyr

Clovie joined HRC in 2012 when he moved to the West end of Orangeville from Georgetown. He is very involved in racquet sports at HRC. He plays in the Squash House League, Round Robin and T&D as well as some tournaments. Clovie played Tennis Singles on Wednesday nights and Doubles on Thursday nights before a shoulder injury and has recently started playing again in the last 2 months. HRC has given Clovie the opportunity to play a sport he loves while meeting a great group of people in the community. He continues to work on his fitness but says the club keeps him active and motivated to become a better player in squash as well as tennis. **Keep up the hard work and determination Clovie!**

Hey Fitness



Members!

> Upgrade to Outdoor Summer Tennis Membership for

\$59*!

MEMBERSHIP INCLUDES:

- Use of outdoor courts without court fees from May 15th-Septemehr 30th
- Indoor courts are available at an additional fee of \$30/hour
- House leagues, clinics and lessons are available at an additional fee

*Plus applicable tax

**Prices shown are for members. Non members are subject to additional fees.

> CELEBRATE MOTHER'S DAY AT

Celebrate Sunday May 10

Mother's Day Buffet Brunch

519.940.1111
RESERVE NOW

2 Seatings
11:00 am - 2:00 pm

Adults (12+ years)	\$24
Children (6-11)	\$16
Seniors (65+)	\$20

www.TheEdgeWineBarandGrille.com

Upper Level @ Headwaters Racquet Club, West End Orangeville

Every Mom receives an Upper Level at the Edge® Gift Card loaded with a Free Appetizer for her next visit.

The Edge Wine Bar & Grille with their **Mother's Day Brunch Special on May 10th!**

Make reservations today and make this Mother's Day a special one to remember.

Chadley Chase will be performing at The Edge Wine Bar & Grille on May 2 at 9:00pm! Chadley has been nominated in both 2013 & 2014 for the CMAO's. It will be a great night for Country music! No cover.



> **GOOD LUCK TO ALL THE Muffin-Top Meltdown** participants competing in the challenge! **Challenge begins May 4th** and will run until **June 23rd.**



> HEY HRC MEMBERS! This month is your last chance to win an iPad mini!

When you refer a friend to join HRC, both you and your friend, will be entered into the draw when they sign up on a membership!

Referrals must join before May 31st to be eligible for the draw.

For more information contact Emily at emily@headwatersracquetclub.com



> **ARE YOU READY FOR THE GOLF SEASON?** Looking for more power in your swing? Increased rotational strength? Our 30 minute **Kinesis wall workout** designed specifically for golf is the perfect solution! It is quick and effective.

A GREAT PACKAGE DEAL:

Eight 30 minute **PRIVATE** training sessions on the **kinesis wall** (recommended 2 per week for 4 weeks)

All for \$175* (members) Non Member: \$225*
Contact Tallon at tallon@headwatersracquetclub.com



